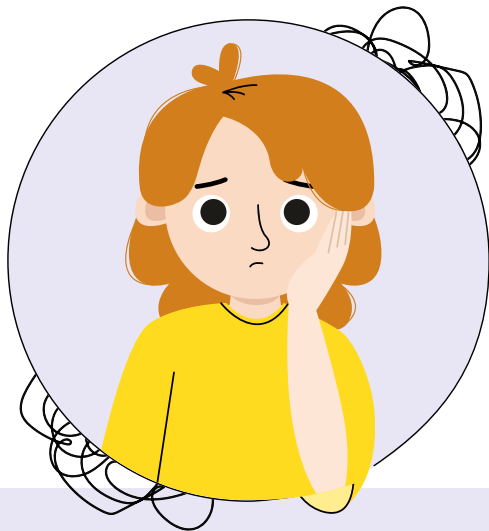


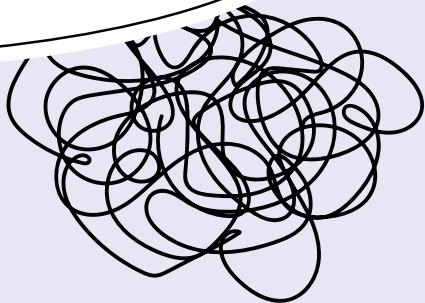
**YOUTH WHO'S
CLOSE ONE HAS
MENTAL HEALTH
CHALLENGES**



Youth's close one's challenges can be symptoms, a diagnosed disorder or an addiction. The close one can be youth's parent, friend, sibling, partner or a family member.



Close one's mental health challenges are affecting the youth's wellbeing. The situation might cause concern, worrying, responsibilities, guilt, fear and mixed feelings to the youth.



The youth
should not
be alone with
THEIR THOUGHTS
in the situation
with their
close one.

“
HOW ARE YOU?
”

“
HOW DOES YOUR CLOSE
ONE AFFECT YOU?
”

“
HOW IS YOUR
CLOSE ONE?
”

“
IS
THERE
SOMETHING
I CAN
HELP YOU
WITH?
”

